

## Safeguarding and Welfare Requirement: Health

### Nappy changing

#### **Policy statement**

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

#### **Procedures**

- Key persons change their key children as and when needed.
- We encourage the children to normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree.
- Our key persons undertake changing children in their key groups; back up key persons change them if the key person is absent.
- Our changing area is warm, with a safe area to lay children down if needed.
- Parents are requested to provide nappies, changing wipes, nappy sacks and spare clothes on a daily basis in their child's named bag which will be on their peg.
- Our staff prepare the area before changing starts and a paper towel is put down on the changing mat freshly for each child. Gloves and aprons are not always required for a wet nappy where there is no risk of infection, however, gloves and aprons are always available for those staff who choose to wear them. Gloves and an apron are always worn for a 'soiled' nappy.

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- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We treat the children with dignity, care and compassion when changing nappies / toileting. We do not making negative or innapropriate personal comments when changing nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting on a regular basis this may constitute neglect and will be a disciplinary matter.

This policy was adopted by  
On  
Date to be reviewed  
Signed on behalf of the provider

Ready Steady Grow Pre-School  
01/11/19  
01/11/20

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Name of signatory

Sally Fiander & Karen Lockley

Role of signatory (e.g. chair, director or  
owner)

Manager & Deputy Manager